

حِزْبُ الْبَحْرِ

HIZBUL BAHR

THE LITANY OF THE SEA

By Imam Shadhili Rahimahullah

For Protection against any harm, Jinn, Sihr, enemies, evil effects, and for the fulfillment of every lawful need aim and ambition.

بِسْمِ اللَّهِ وَ بِاللَّهِ وَ لِلَّهِ وَ مِنْ اللَّهِ وَ إِلَى اللَّهِ وَ عَلَى اللَّهِ وَ الْحَمْدُ كُلُّهُ لِلَّهِ وَ
صَلَّى اللَّهُ عَلَى نَبِيِّ اللَّهِ وَ رَسُولِ اللَّهِ وَ حَبِيبِ اللَّهِ وَ عَلَى آلِهِ وَ صَحْبِهِ وَ سَلَّمَ

Imam Shadhili said about the Hizbul Bahr:

By Allah, I did not utter it [the Litany of the Sea] except as it came from the Prophet of Allah sallallahu alayhi wasallam ﷺ, from whose instruction I learned it. "Guard it;" he said to me, "for it contains the Ism al-'A'zam-The Greatest name of Allah:"- It is not recited in any place without security reigning there. If it had been with the inhabitants of Baghdad, the Tatars would not have taken the city. On his death bed Imam Shadhili gave Naseeha-counsel to recite his Litany of the Sea (Hizb ul Bahr) often, and he said, "Teach it to your children for the Ism al-'A'zam-The Greatest name of Allah is in it."

Shaykh Ali Abul Hasan Ash Shadhili, may Allah sanctify his secret, spoke of this hizb as "the instrument of protection and prevention." he said, " if it is read in any place, that place will be preserved from harm,

many jinn are dispelled, the fearful are made secure, the sick are cured, and the anxious one is made peaceful.

If one desires that his supplication be responded to & his lawful needs be satisfied, he should recite this. This wazifa (spiritual devotional practice) showers the rain of light (Nur) and the hidden secrets (asrar) would be manifest to him. It will also help you Control the heart from temptation of the desire (hawa) and fantasies and will remove difficulties and will grant both worldly and religious success (to the reader).

The story of the Hizbul Bahr

The worthy Shaykh Abu al-'Aza'im Madi ibn Sultan related, as did also the worthy and blessed Shaykh Sharaf al-Din, son of the Shaykh (al-Shadhili) in the city of Damanhur al-Wahsh of Egypt in the year A.H. 715 that shaykh was on the point of setting out from Cairo to perform the pilgrimage to Makkah a short time after the departure of the pilgrims.

He said, "I have been divinely ordered to go on pilgrimage this year. So find for us a Nile vessel in which to make the journey by way of Upper Egypt' They looked about for a vessel, but found only one belonging to Christians on which was an elderly Christian man with his sons. He said, "Let us get on board:' We entered the vessel and set sail from Cairo and traveled for two or three days. Then the wind shifted so that we were sailing into it. So we tied up to the bank of the Nile at an uninhabited spot. We remained there about a week within sight of the hills of Cairo.

One of the pilgrims accompanying us asked, "How is it that the Shaykh says that he was ordered to perform the pilgrimage this year when the time for it has passed? And how long will this journey take? , In the middle of the day the shaykh slept and awoke, and then offered this prayer [known as Litany of the Sea]. "Where is the captain of the vessel?" he inquired. "Yes" he answered, "here I am:' "What is your name?" the shaykh asked. He replied, "Mismar', he replied. 'O blessed Mismar, unfurl the sail:' the shaykh ordered. "O my master:' the captain

objected, "[If I do that], we shall come again to Cairo by sailing before the wind:' "We shall again become travelers:' the shaykh replied, "If Allah wills:' Again the captain objected, "This wind will drive us back to Cairo before the end of this day, and, furthermore, with the wind as it is, to get the ship under sail will be absolutely impossible:' "Unfurl the sail;' the shaykh ordered him, "with the blessing of Allah:' So we unfurled the sail, and Allah Ta'ala commanded the wind so that it shifted and filled the sail [so quickly that they] were unable to cast off the rope from the stake. They cut it and we departed under a gentle breeze. The captain converted to Islam, both he and his brother.

Their father did not cease to lament and say, "I have lost my two sons on, this journey:' "On the contrary;' the shaykh said to him, 'you have gained them' That night the Christian had a vision in which the day of resurrection, as it were, had come, and he was beholding the Jannah and Jahannam. He witnessed the Shaykh (al-Shadhili) conducting to the Garden a large crowd of people. Among them were the Christian's sons. He wanted to follow them, but he was prevented. He was told, 'You are not of them until you enter their religion' The Christian related that to the shaykh, and he [the Christian] converted to Islam. Then the shaykh told him, "The people whom you saw with me are my companions to the day of resurrection." We continued our journey easily and successfully with incidents the telling of which would consume a long time. They finished the pilgrimage that year. My master, Madi, related, according to a report from the shaykh, The Christian became one of the great saints of Allah. Consequently, he sold his vessel and performed the pilgrimage with us, along with his sons. He had a zawiya (worship place) in Upper Egypt and was one of those who were endowed with charismatic powers. This blessed journey was an occasion for the manifestation of such a power. May Allah have mercy on him and be pleased with him.

There are a few variations in the texts of the Hizbul Bahr. We have used the version as passed down from the great Shaykh, Hadhrat Haji Imdadullah Muhaajir Makki Rahmatullah Alayh. The Shaykh also advised that the Hizbul Bahr does not have to be read with all the hand movements and actions as shown in the text and it can also be read just as is.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلَّمَ

اللَّهُمَّ يَا عَلِيُّ يَا عَظِيمُ يَا حَلِيمُ يَا عَلِيمُ * أَنْتَ رَبِّي وَعِلْمُكَ
حَسْبِي فَنِعْمَ الرَّبُّ رَبِّي وَنِعْمَ الْحَسْبُ حَسْبِي * تَنْصُرُ مَنْ
تَشَاءُ وَأَنْتَ الْعَزِيزُ الرَّحِيمُ * نَسْأَلُكَ الْعِصْمَةَ فِي الْحَرَكَاتِ
وَالسَّكِّنَاتِ وَالْكَلِمَاتِ وَالْإِرَادَاتِ وَالْخَطَرَاتِ مِنْ
الظُّنُونِ وَ الشُّكُوكِ وَالْأَوْهَامِ السَّاتِرَةِ لِلْقُلُوبِ عَنْ مُطَالَعَةِ
الْغُيُوبِ * فَقَدْ ابْتَلَى الْمُؤْمِنُونَ وَزَلْزَلُوا زَلْزَالًا

On reading Shadeedan point with the index (Shahadah) * شَدِيدًا

finger of the right hand towards the sky

Oh Allah! Oh, Most High! Oh, Exalted! Oh, Gentle! Oh, All-Knowing! You are my Sustainer and Your knowledge is my sufficiency, how excellent a Sustainer is my Sustainer; how excellent a Sufficer is my Sufficer. You aid whom You choose, and You are the All-Powerful, the Most Merciful. We ask of Your Protection in our movements and our stillness, in our words and our desires, and our thoughts; from the suspicions and the doubts and the illusions that veil our hearts from the perception of the unseen. And “truly have the believers been tested and shaken, shaken severely

وَإِذْ يَقُولُ الْمَافِقُونَ وَالَّذِينَ فِي قُلُوبِهِمْ مَرَضٌ مَّا وَعَدَنَا اللَّهُ
وَرَسُولُهُ إِلَّا غُرُورًا * فَثَبَّتْنَا وَأَنْصَرْنَا وَسَخَّرْنَا هَذَا الْبَحْرَ

On reading *wansurnaa* and *baadhal babr* think of your purpose and aim

كَمَا سَخَّرْتَ الْبَحْرَ لِمُوسَىٰ عَلَيْهِ السَّلَامُ * وَسَخَّرْتَ النَّارَ
لِإِبْرَاهِيمَ عَلَيْهِ السَّلَامُ * وَسَخَّرْتَ الْجِبَالَ وَالْحَدِيدَ لِدَاوُدَ عَلَيْهِ السَّلَامُ
وَسَخَّرْتَ الرِّيحَ وَالشَّيَاطِينَ وَالْجِنَّ لِسُلَيْمَانَ عَلَيْهِ السَّلَامُ * وَسَخَّرَ
لَنَا كُلَّ بَحْرٍ هُوَ لَكَ فِي الْأَرْضِ وَالسَّمَاءِ وَالْمَلِكِ وَالْمَلَكُوتِ
وَبَحْرَ الدُّنْيَا وَبَحْرَ الْآخِرَةِ * وَسَخَّرَ لَنَا كُلَّ شَيْءٍ يَا مَنْ بِيَدِهِ
مَلَكُوتُ كُلِّ شَيْءٍ

and if the hypocrites and those with doubting hearts say: Allah and His Messenger did not promise us other than delusion” (33:11-12) Firmly root us and support us and subjugate to us this Sea as You subjugated the Sea to Muusa AS. And You subjugated the fire to Ibraahim AS. And You subjugated the mountains and the iron to Daawuud AS . And You subjugated the wind and the Demons and the Jinns to Sulaymaan AS. And subjugate to us every sea of Yours on the Earth, in the Skies, the Dominions and the Heavenly Realm. And the Sea of this world and the Sea of the World to come. And subjugate to us everything, Oh! You in Whose Hand is the dominion over everything.

كَهَيْعَصَ

upon reading ك close the little finger of the right hand. On ه close the ring finger, on ي close the middle finger, on ع close the index (Shahadah) finger and on ص close the thumb

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upon reading ك close the little finger of the right hand. On ه close the ring finger, on ي close the middle finger, on ع close the index (Shahadah) finger and on ص close the thumb

On unsurnaa open the little finger أَنْصُرْنَا فَإِنَّكَ خَيْرُ النَّاصِرِينَ

On waftahlanaa open the ring finger وَأَفْتَحْ لَنَا فَإِنَّكَ خَيْرُ الْفَاتِحِينَ

On wagfirlanaa open the middle finger وَاعْفِرْ لَنَا فَإِنَّكَ خَيْرُ الْغَافِرِينَ

On warhamnaa open the index finger وَارْحَمْنَا فَإِنَّكَ خَيْرُ الرَّاحِمِينَ

On warzuqnaa open the thumb وَارْزُقْنَا فَإِنَّكَ خَيْرُ الرَّازِقِينَ

Aid us, for You are the best of those who aid. And open for us, for You are the best of those who open. And forgive us, for You are the best of Forgivers. And have mercy upon us, for You are the best of those who Show Mercy. And provide for us, for You are the best of Providers.

وَأَحْفَظْنَا فَإِنَّكَ خَيْرُ الْحَافِظِينَ وَاهْدِنَا وَنَجِّنَا مِنَ الْقَوْمِ
الظَّالِمِينَ وَهَبْ لَنَا مِنْ لَدُنْكَ رِيحًا طَيِّبَةً كَمَا هِيَ فِي عِلْمِكَ
* وَأَشْرُهَا عَلَيْنَا مِنْ خَزَائِنِ رَحْمَتِكَ * وَأَحْمِلْنَا بِهَا حَمْلَ

الْكَرَامَةَ وَمَعَ السَّلَامَةِ وَالْعَافِيَةِ فِي الدِّينِ وَالدُّنْيَا وَالْآخِرَةِ *
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

And Protect us as You are the best of Protectors. And guide and deliver us from the People of Oppression. And grant us a fair wind according to Your Knowledge and waft it upon us from the Treasures of Your Mercy. Carry us by the conveyance of Your Generosity with Peace in our lives in this world & in the world to come “over all things You have power”(3:26)

think of your purpose on Umuurana اللَّهُمَّ يَسِّرْ لَنَا أُمُورَنَا

مَعَ الرَّاحَةِ لِقُلُوبِنَا وَأَبْدَانِنَا وَالسَّلَامَةِ وَالْعَافِيَةِ فِي دِينِنَا
وَدُنْيَانَا وَكُنْ صَاحِبِنَا فِي سَفَرِنَا وَخَلِيفَةً فِي أَهْلِنَا وَاطْمِسْ
عَلَى وُجُوهِ أَعْدَائِنَا

At wujuuhi think of your enemy and close the fist of the right hand while pointing downwards towards the ground, then open the fist.

Oh, Allah! Make easy for us our situations/tasks with rest for our hearts and our bodies; and peace and well-being in our spiritual and worldly lives and be to us our Companion in our journey and the Guardian of our family. Efface the faces of our enemy.

وَأَمْسَحْهُمْ عَلَى مَكَاتِهِمْ فَلَا يَسْتَطِيعُونَ الْمَضِيَّ وَلَا مُجِيَّ
إِلَيْنَا وَلَوْ نَشَاءُ لَطَمَسْنَا عَلَى أَعْيُنِهِمْ فَاسْتَبَقُوا الصِّرَاطَ فَأَنَّى
يُبْصِرُونَ * وَلَوْ نَشَاءُ لَمَسَخْنَاهُمْ عَلَى مَكَاتِهِمْ فَمَا اسْتَطَاعُوا
مُضِيًّا وَلَا يَرْجِعُونَ *

Freeze them in their places so that they are unable to go or to come against us. "If We willed We would have wiped out their eyes, then they would have raced to the Way, but how would they have seen? And if We willed, We would have frozen them in their places, neither could they go forth or could they return" (36:66-67)"

يَسَ * وَالْقُرْآنِ الْحَكِيمِ * إِنَّكَ لَمِنَ الْمُرْسَلِينَ * عَلَى صِرَاطٍ
 مُسْتَقِيمٍ * تَنْزِيلِ الْعَزِيزِ الرَّحِيمِ * لِتُنذِرَ قَوْمًا مَّا أُنذِرَ
 آبَاؤُهُمْ فَهُمْ غَافِلُونَ لَقَدْ حَقَّ الْقَوْلُ عَلَى أَكْثَرِهِمْ فَهُمْ لَا يُؤْمِنُونَ
 * إِنَّا جَعَلْنَا فِي أَعْنَاقِهِمْ أَغْلَالًا فَهِيَ إِلَى الْأَذْقَانِ فَهُمْ مُقْمَحُونَ *
 وَجَعَلْنَا مِنْ بَيْنِ أَيْدِيهِمْ سَدًّا وَمِنْ خَلْفِهِمْ سَدًّا فَأَغْشَيْنَاهُمْ
 فَهُمْ لَا يُبْصِرُونَ *

Yaa-Seen, By the Qur'an, full of wisdom. You are indeed among the Messengers. On a straight way. Sent down by the All-Powerful, the Merciful. So that you may warn a people whose forefathers received no admonition and who therefore remain heedless. The Word has been proved true against the greater part of them, for they do not believe. Behold, We have placed yokes around their necks so that their heads are forced up. And We have placed in front of them a barrier and behind them a barrier and further, We have covered them up: so that they do not see" (36:1-9).

The following words are written thrice. Upon reading each Shaahatil Wujuuh, think of your enemies that they be vanquished and strike the back of the hand on the ground. (If you cannot just make the action)

شَاهَتِ الْوُجُوهُ * شَاهَتِ الْوُجُوهُ * شَاهَتِ الْوُجُوهُ

May their faces be deformed! May their faces be deformed! May their faces be deformed!

وَعَنَتِ الْوُجُوهُ لِلْحَيِّ الْقَيُّومِ وَقَدْ خَابَ مَنْ حَمَلَ ظُلْمًا * طَس *
 طَسَمَ * حَم * عَسَق * مَرَجَ الْبَحْرَيْنِ يَلْتَقِيَانِ بَيْنَهُمَا بَرْزَخٌ
 لَا يَبْغِيَانِ

“Faces shall be humbled before the Living, the Self-Subsistent. Indeed will fail, the one who has evil within him” (20:111) Taa Seen. Taa Seen Meem. Haa Meem. 'Ain Seen Qaaf." “He let forth the two seas that come together, between them is a barrier they do not pass” (55:19-20).

Read and blow to your right حَم

Read and blow to your left حَم

Read and blow in front of you حَم

Read and blow behind you حَم

Read and blow above you حَم

Read and blow below you حَم

Read and blow onto both your hands and pass your hands over حَم

the entire body

حُمَّ الْأَمْرِ وَجَاءَ النَّصْرُ فَاعْلَيْنَا لَا يُنْصَرُونَ * حَم * تَنْزِيلُ
 الْكِتَابِ مِنَ اللَّهِ الْعَزِيزِ الْعَلِيمِ * غَافِرِ الذَّنْبِ وَقَابِلِ التَّوْبِ
 شَدِيدِ الْعِقَابِ ذِي الطَّوْلِ لَا إِلَهَ إِلَّا هُوَ إِلَهِي الْمَصِيرُ *

The matter is decreed, victory came, against us they shall not be victorious. “Haa-Meem. The Book came down from Allah, The Most Powerful, the All-Knowing” (40:1-2). Pardoner of sin, Acceptor of penitence, terrible in retribution, The Bountiful. “There is no Diety but He, to Him is the Homecoming” (40:3).

بِسْمِ اللَّهِ بَابُنَا * تَبَارَكَ حِيطَانُنَا * يَسُ سَقْفَنَا *

‘In the Name of Allah’ is our door. ‘By His blessing’, our walls.
Yaa-Seen, our roof.

كَهَيْعَصَ كِفَايَتُنَا *

Kaaf-Haa-Yaa-‘Ain-Saad, our sufficiency.,
upon reading Kaaf Haa Yaa Ayn Saad, on ك close the *little* finger of the *right* hand. On ه close the *ring* finger, on ي close the *middle* finger, on ع close the *index (Shahadah)* finger and on ص close the *thumb*

حَمْ * عَسَقْ * حِمَايَتُنَا

Haa-Meem-‘Ain-Seen-Qaaf, our protection.

upon reading Haa Meem Ayn Seen Qaaf on ح open the *little* finger of the *right* hand. On م open the *ring* finger, on ع open the *middle* finger on س open the *index (Shahadah)* finger and on ق open the *thumb*.

فَسَيَكْفِيكَهُمُ اللَّهُ ، وَهُوَ السَّمِيعُ الْعَلِيمُ *

“Allah will protect us and He is the All-Hearing, All-Knowing” (2:137)]
(You can also read this verse Thrice)

سِتْرُ الْعَرْشِ مَسْبُورٌ عَلَيْنَا وَعَيْنُ اللَّهِ نَاطِرَةٌ إِلَيْنَا بِحَوْلِ اللَّهِ
 لَا يَقْدِرُ عَلَيْنَا * سِتْرُ الْعَرْشِ مَسْبُورٌ عَلَيْنَا وَعَيْنُ اللَّهِ نَاطِرَةٌ
 إِلَيْنَا بِحَوْلِ اللَّهِ لَا يَقْدِرُ عَلَيْنَا * سِتْرُ الْعَرْشِ مَسْبُورٌ عَلَيْنَا
 وَعَيْنُ اللَّهِ نَاطِرَةٌ إِلَيْنَا بِحَوْلِ اللَّهِ لَا يَقْدِرُ عَلَيْنَا * سِتْرُ الْعَرْشِ
 مَسْبُورٌ عَلَيْنَا وَعَيْنُ اللَّهِ نَاطِرَةٌ إِلَيْنَا بِحَوْلِ اللَّهِ لَا يَقْدِرُ عَلَيْنَا *
 سِتْرُ الْعَرْشِ مَسْبُورٌ عَلَيْنَا وَعَيْنُ اللَّهِ نَاطِرَةٌ إِلَيْنَا بِحَوْلِ اللَّهِ لَا
 يَقْدِرُ عَلَيْنَا * سِتْرُ الْعَرْشِ مَسْبُورٌ عَلَيْنَا وَعَيْنُ اللَّهِ نَاطِرَةٌ إِلَيْنَا
 بِحَوْلِ اللَّهِ لَا يَقْدِرُ عَلَيْنَا * سِتْرُ الْعَرْشِ مَسْبُورٌ عَلَيْنَا وَعَيْنُ
 اللَّهِ نَاطِرَةٌ إِلَيْنَا بِحَوْلِ اللَّهِ لَا يَقْدِرُ عَلَيْنَا *

The veil of the Throne is extended over us, and the Eye Of Allah gazes upon us, by the Power of Allah, none may decree evil upon us. "And Allah, all unseen, has surrounded them. Truly it is a Glorious Qur'an. In a preserved Tablet" (85:20-22). x 7

وَاللَّهُ مِنْ وَرَائِهِمْ مُحِيطٌ * بَلْ هُوَ قَرَّانٌ مَجِيدٌ * فِي لَوْحٍ مَحْفُوظٍ

And Allah, all unseen, has surrounded them. Truly it is a Glorious Qur'an. In a preserved Tablet" (85:20-22).

فَاللَّهُ خَيْرٌ حَافِظًا وَهُوَ أَرْحَمُ الرَّاحِمِينَ * فَاللَّهُ خَيْرٌ حَافِظًا
 وَهُوَ أَرْحَمُ الرَّاحِمِينَ * فَاللَّهُ خَيْرٌ حَافِظًا وَهُوَ أَرْحَمُ الرَّاحِمِينَ

"And Allah is the best Protector and He is the Most Merciful of those

who show Mercy” (12:92) (3x)

إِنَّ وَلِيَّ اللَّهِ الَّذِي نَزَّلَ الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ * إِنَّ
وَلِيَّ اللَّهِ الَّذِي نَزَّلَ الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ * إِنَّ وَلِيَّ
اللَّهِ الَّذِي نَزَّلَ الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ *

“Truly my Protector is Allah, the One who sent down the Book, and He protects the righteous” (7:196) (3x).

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ
* حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ
الْعَظِيمِ * حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ * حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ
رَبُّ الْعَرْشِ الْعَظِيمِ * حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ
وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ * حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ
تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ * حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ،
عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ *

“Allah is sufficient for me, there is no Deity but He, upon Him I place my trust, and He is the Sustainer of the Glorious Throne” (9:129) (7x)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي
السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ * بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ

اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ
 * بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي
 السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ *

In the Name of Allah with whose Name no harm shall come to anything in the earth nor in the heavens and He is the All-Hearing, All-Knowing] (3x).

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ * أَعُوذُ
 بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ * أَعُوذُ بِكَلِمَاتِ
 اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ *

I seek refuge in the complete words of Allah from the evil of what He has created. (3x).

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ * وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا
 بِاللَّهِ الْعَلِيِّ الْعَظِيمِ * وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ *

And there is no Power and no Might except with Allah, the Exalted, the Glorious]. (3x)

وَصَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَآلِهِ وَصَحْبِهِ وَسَلَّمَ * * سُبْحَانَ رَبِّكَ
 رَبِّ الْعِزَّةِ عَمَّا يَصِفُونَ * وَسَلَامٌ عَلَى الْمُرْسَلِينَ *
 وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ *

TRANSLITERATION

**Bismillahir Rahmanir Raheem. Allahumma salli alaa sayyidinaa
Muhammad wa ala aalihi wa sahbihi wa sallim**

*Allaahumma, Ya 'Aliyyu, Ya 'Azeemu, Ya Haleemu, Ya 'Aleemu. Anta
Rabbi, wa 'ilmuka hasbi, fa ni'mar-Rabbu Rabbii, wa ni'mal hasbu
hasbii, tan-suru man tashaa-u wa antal 'Azezur Raheem. Nas-alukal
'ismata fil harakaati was-sakanaati wal kalimaati wal iradaati wal
khataraati minaz zunuuni wash-shukuuki wal awhaamis-saatirati lil
quluubi 'an mutaala'atil ghuyuub. Faqadib tuliyal mu'minuuna wa
zulzilu zilzaalan shadeedan. (On reading Shadeedan point with the
index (Shahadah) finger of the right hand towards the sky*

*Wa idh yaquulul munaafiquuna wal-ladheena fi quluubihim maradun
maa wa'adanallaahu wa Rasuuluhu illaa ghururaa. Fa thabbitnaa wan-
surnaa wa sakkhir lana haadhah bahra kamaa sakkhartal bahra li Muu-
sa 'Alayhis Salaam wa sakkhartan naara li Ibraaheema 'Alayhis Salaam
wa sakkhartal jibaala wal hadeeda li Daawuuda 'Alayhi Salaam wa
sakkhartar reeha wash shayaateena wal jinna li Sulaymaana Alayhi Sa-
laam. Wa sakh-khir lanaa kulla bahrin huwa laka fil ardi was-samaa-i
wal mulki wal malakuut. Wa bahrad-dunyaa, wa bahral aakhirah. Wa
sakh-khir lanaa kulla shay-in yaa man bi yadihi malakuutu kulli shay.*

Kaaf Haa Yaa 'Ain Saad. Upon reading ك close the little finger of the right
hand. On ه close the ring finger, on ي close the middle finger, on ع close
the index (Shahadah) finger and on ص close the thumb

Kaaf Haa Yaa 'Ain Saad. Upon reading ك open the little finger of the right
hand. On ه open the ring finger, on ي open the middle finger on ع open the
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Kaaf Haa Yaa 'Ain Saad. Upon reading ك close the little finger of the right
hand. On ه close the ring finger, on ي close the middle finger, on ع close
the index (Shahadah) finger and on ص close the thumb

*Unurnaa fi-innaka khayrun-naasireen. (On unurnaa open the little
finger) Waf-tah lanaa fi-innaka khayrul faatiheen. (On waf-tahlanaa*

open the ring finger. Wagh-fir lanaa fi-innaka khayrul ghaafireen. (On wagh-firlanaa open the middle finger) War-hamnaa fi-innaka khayrur-raahimeen. (On war-hamnaa open the index finger) War-zuqnaa fi-innaka khayrur-raaziqeen. On war-zuqnaa open the thumb Wahfaznaa fi-innaka khayrul haafizeen, wahdinaa wanajjinaa minal qawmidh-zaalimeen. Wa hab lanaa reehan tayyibatan kamaa hiya fi 'ilmik. Wan-shurhaa 'alayna min khazaa-ini rahmatik. Wahmilna bihaa hamlal karaamati ma'assalaamati wal 'aafiyati fid-deeni wad-dunyaa wal aakhira. Innaka 'alaa kulli shay-in qadeer.

Allaahumma yassir lanaa umuurana (think of your purpose on umuurana) ma'arraahati li quluubinaa wa abdaaninaa was-salaamati wal 'aafiyati fi deeninaa wa dunyaana. Wa kun sahibana fi safarinaa wa khaleefatan fi ahlinaa. Wat-mis 'alaa wujuuhi (At wujuuhi think of your enemy and close the fist of the right hand while pointing downwards towards the ground, then open the fist) a'a-daa-ina. Wam-sakh hum 'ala makaanatihim falaa yasta-ti'unal mudiyya wala mujii-a ilayna. Wa law nashaa-u latamasna 'ala a'yunihim fas-tabaqus-sirata fa-anna yubsiruun. Wa law nashaa-u lamasakh naahum 'alaa makaanatihim famas-tataa'u mudiyyaw-wa la yarji'uun. Yaa seen. Wal Qur'aanil hakeem. Innaka laminal mursaleen. 'Alaa siraatim-mustaqeem. Tanzeelal 'Azeezir-Raheem. Li tundhira qawmam-maa undhira aabaa-uhum fahum ghaafiluun. Laqad haqqal qawlu 'ala ak-tharihim fahum laa yu'minuun. Inna ja'alna fi a'naaqihim aghlaalan fa hiya ilal adhqaani fahum muqmahuun. Wa ja'alna mim-bayni aydihim saddaw-wa min khalfihim saddan fa-agh shaynahum fahum la yubsiruun.

(The following words are written thrice. Upon reading each Shaahatil Wujuuh , think of your enemies that they be vanquished and strike the back of the hand on the ground.):

Shaahatil wujooh! Shaahatil wujooh! Shaahatil wujooh!

"Wa 'anatil wujuuhu lil hayyil qayyuumi wa qad khaaba man hamala zulmaa." Taa Seen. Taa Seen Meem. Ha Meem. 'Ain Seen Qaaf."

"Marajal bahrayni yaltaqiyaan. Baynahumaa barzakhul-laa yabghiyaan."

Haa-Meem. Read and blow to your right. Haa-Meem- Read and blow to

your left. Haa-Meem- Read and blow in front of you. Haa-Meem- Read and blow behind you. Haa-Meem- Read and blow above you. Haa-Meem. Read and blow below you. Haa-Meem-Read and blow onto both your hands and pass your hands over the entire body"

Hummal amru wa jaa-an-nasru fa'alayna la yunsaruun. "Haa-Meem. Tanzeelul kitabi minallaahil 'Azezil 'Aleem. Ghaafriidh-dhambi wa qaabilit-tawbi shadeedil 'iqabi dhit-tawli laa ilaaha illaa huwa ilayhil maseer." Bismillaahi, baabunaa Tabaaraka, heetanunaa Yaa seen, saqfunaa

Kaaf Haa Yaa 'Ain Saad, kifayaatuna - upon reading Kaaf Haa Yaa Ayn Saad, on ك close the little finger of the right hand. On ه close the ring finger, on ع close the middle finger, on ع close the index (Shahadah) finger and on ص close the thumb

Haa Meem 'Ain Seen Qaaf himaayatunaa. upon reading Haa Meem Ayn Seen Qaaf on ح open the little finger of the right hand. On م open the ring finger, on ع open the middle finger on س open the index (Shahadah) finger and on ق open the thumb.

" Fasayakfikahumullaahu wa huwas-samee'ul 'aleem. (x 3) Sitrul 'arshi masbuulun 'alayna, wa 'ainullahi naazhiratun ilayna, bi hawlillahi la yuqdiru 'alayna. (x 7) Wallahu miw-waraaihim muheet. Bal huwa Qura'anum-majeed. Fi lawhim-mahfooz. " Fallaahu khayrun hafidhaw-wa huwa Arhamur-Raahimeen. (x 3) " Inna waliy-yiyallaahul-ladhee nazzalal kitaaba wa huwa yatawallas-saaliheen."x3. Hasbiyallaahu laa ilaaha illa huwa 'alayhi tawakkaltu wa huwa Rabbul 'Arshil 'Azeem x3. Bismillaahil ladhee laa yadurru ma'asmih shay-un fil ardi wa laa fis-samaa-i wa huwas-Samee'ul 'Aleem (x 3) Audhu bi kalimaatillaahit-taammati min sharri ma khalaq. (x3) Wa laa hawla wa laa quwwata illaa billaahil 'aliyyil 'azeem. (x3)

Rabbana taqabbal minnaa waghfirlanaa war hamnaa, Wa sallallaahu 'alaa Sayyidina Muhammadin wa 'alaa aalihi wa sahabihi wa sallim.