

معمولات صبح و شام

MORNING AND EVENING DUĀS



This booklet consists of duās taken from authentic Ahādīth for protection against evil and calamities.

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MORNING AND EVENING DUĀS

by Ḥaḍrat Mawlānā Shāh Ḥakīm
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For the Esāle Thawāb of Nabī-e-Karīm صلی اللہ علیہ وسلم and
all Murhūmīn

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 الْحَمْدُ لِلَّهِ وَكَفَى وَ سَلَامٌ عَلَى عِبَادِهِ
 الَّذِينَ اصْطَفَى

1. Protection against all evils

Ḥaḍrat ‘Abdullāh bin Khubaib رضي الله عنه narrated that one dark gloomy night we came out in search of Rasūlullāh صلى الله عليه وسلم. When we finally found him he said to us ‘Read’. We asked ‘What must we read’? He replied, say:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 قُلْ هُوَ اللَّهُ أَحَدٌ.. ، قُلْ أَعُوذُ بِرَبِّ الْفَلْقِ .. ،
 قُلْ أَعُوذُ بِرَبِّ النَّاسِ .. x 3

3 times morning and evening (the complete surahs after Fajr and Maghrib). It will suffice for you against all things. (from the evils of witchcraft, black magic, mischief of jinn etc (Mishkāt).

Mullah ‘Ali Qāri رحمته الله has quoted ‘Allāmā Tībī رحمته الله in his *Mirqāt*, that the meaning of this ḥadīth is that these three surahs are sufficient for the protection from all evil, and if the reader does not read any wazīfahs besides this, it would suffice him.

Surah Ikhḷās

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ هُوَ اللَّهُ أَحَدٌ ◊ اللَّهُ الصَّمَدُ ◊ لَمْ يَلِدْ

وَلَمْ يُولَدْ ◊ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ◊

Say, ‘He is Allāh, [who is] One, Allāh, the eternal refuge. He neither begets nor is born, Nor is there to Him any equivalent.’



Surah Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾
وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفَّاثَاتِ
فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾ x 3

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He created. And from the evil of darkness when it settles. And from the evil of the blowers in knots. And from the evil of an envier when he envies."

Surah Nās

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾
إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٤﴾

﴿٤﴾ الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ ۖ مِنَ

الْجِنَّةِ وَالنَّاسِ ۖ x 3

Say, "I seek refuge in the Lord of mankind, The Sovereign of mankind. The God of mankind. From the evil of the retreating whisperer. Who whispers [evil] into the breasts of mankind. From among the jinn and mankind."

2. Seventy thousand angels seek forgiveness on ones behalf

Ḥadrat Ma'qal bin Yasār رضي الله عنه narrates that Rasūlullāh ﷺ said : Whoever recites thrice in the morning:

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ x 3

I seek refuge in the All Hearing, All seeing from Shayṭān the accursed.

followed by the last 3 āyāt of Surah Ḥashr once, Allāh ﷻ will appoint 70 000 Angels who will seek forgiveness on his behalf until the evening, and if he happens to die in the course of the day he will die

as a martyr. And whoever recites this at night will receive the same benefit. (Mishkāt)

The last 3 āyats of Surah Ḥashr:

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ ۖ عَالِمُ الْغَيْبِ
وَالشَّهَادَةِ ۖ هُوَ الرَّحْمَنُ الرَّحِيمُ ۝ هُوَ اللَّهُ
الَّذِي لَا إِلَهَ إِلَّا هُوَ، الْمَلِكُ الْقُدُّوسُ السَّلَامُ
الْمُؤْمِنُ الْمُهَيَّمِنُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ
سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ ۝ هُوَ اللَّهُ
الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ ۖ لَهُ الْأَسْمَاءُ الْحُسْنَىٰ
يُسَبِّحُ لَهُ مَا فِي السَّمَاوَاتِ وَالْأَرْضِ ۖ وَهُوَ
الْعَزِيزُ الْحَكِيمُ ۝

He is Allāh, besides whom there is no deity, Knower of the unseen and the witnessed. He is the Entirely Merciful, the Especially Merciful. He is Allāh, besides whom there is no deity, the Sovereign, the Pure,

the Perfection, the bestower of faith, the Overseer, the Exalted in might, the Compeller; the Superior. Exalted is Allāh above whatever they associate with Him. He is Allāh, the Creator, the Inventor, the Fashioner; to Him belong the best names. Whatever is in the heavens and earth is exalting Him. And He is the Exalted in might, the Wise.

3. Elimination of grief of both the worlds

Ḥaḍrat Abū Dardā رضي الله عنه relates that the Rasūl of Allāh ﷺ said: ‘Whoever recites the following 7 times morning and evening, Allāh will suffice for him by removing his grief of this world and the hereafter.’ (Ruḥul Ma‘āni)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ
رَبُّ الْعَرْشِ الْعَظِيمِ ﴿٧﴾

But if they turn away, [O Muḥammad ﷺ], say, “Sufficient for me is Allāh; there is no Deity except Him. On Him I have relied, and He is the Lord of the Great Throne.”

According to another report, one will not have any restlessness, troubles and nor will one die due to the drowning during that morning or evening. (Ruḥul Ma‘āni) In this duā, the words:

وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

“And He is the sustainer of the mighty throne” appear, and the mighty throne is from where the entire universe is controlled. When one establishes contact with the mighty throne, then one has come under the protection of the sustainer of the mighty throne. Then how can one have any worries thereafter?

An interesting incident

Ḥaḍrat Muḥammad ibn Ka‘b رضي الله عنه narrates that once a group of Ṣaḥābah رضي الله عنهم were on their way to Rome when one of them fell from his horse and broke his leg. The Ṣaḥābah رضي الله عنهم could not carry him, so they tied his horse and left some provision for him and proceeded with their journey. An unseen voice asked, “What happened?” He replied, “My thigh has broken and my companions have left me.” The voice instructed him to read:

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ
رَبُّ الْعَرْشِ الْعَظِيمِ

Placing his hand on the affected area. He was immediately cured and very soon he rejoined his companions.

4. Gifts of both worlds

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allāh (alone) is sufficient for us, and, He is the best disposer of affairs

When the saḥābah رضي الله عنهم read this then Allāh Ta‘ālā blessed them with the gifts of both worlds. (To be recited once in the morning & evening)

5. Protection against evil of man and Jinn

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ غَضَبِهِ وَعِقَابِهِ وَشَرِّ
عِبَادِهِ وَمِنْ هَمَزَاتِ الشَّيَاطِينِ وَأَنْ يَحْضُرُونِ x3

I seek protection with the complete words of Allāh from His anger; and His punishment; and the evil of His bondsmen; and the spurring and prodding of the shayaṭīn and they coming to (influence) me.

The recitation of the above thrice each morning and evening is a means of protection from the evil of man and jinn.

6. Protection against harmful insects, creatures etc

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا
خَلَقَ x 3

I seek protection by the excellent words of Allāh against injuries caused by his creatures.

Benefit: Protection for the reader against harmful insects and creatures.



7. Protection against Shayṭān and the evil eye

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّةِ مِنْ كُلِّ شَيْطَانٍ
وَهَامَّةٍ وَمِنْ شَرِّ كُلِّ عَيْنٍ لَأَمَّةٍ x 3

I seek protection of the perfect words of Allāh from the evil of every shayṭān and poisonous reptile and from the evil of every piercing evil-eye.

8. Protection of ones dīn, life, offspring, family and wealth

Ḥaḍrat Ma'qal Bin Yasār رضي الله عنه narrates that, “Once I expressed my fears to Rasūlullāh ﷺ over 5 things in my life. I feared that I would be misled or deviate from the sirātul mustaqīm. (The straight path). The second was regarding my life. I feared that harm or illness would befall me. The third was about my children, that they would suffer dīni or worldly harm. My fourth concern was my wife, that she too may suffer physical or spiritual harm. The fifth fear I had, was over my wealth, should there occur a loss of income or property. After listening to my fears,

Rasūlullāh ﷺ taught me this duā: [To be recited 3 times in the mornings and evenings] (Kanzul Ummāl)

بِسْمِ اللَّهِ عَلَى دِينِي وَنَفْسِي وَوَلَدِي وَأَهْلِي
وَمَالِي x 3

May the blessings of the name of Allāh be on my religion, myself, my offspring, my family and my possessions.

9. Protection against all harm

Ḥaḍrat Abān ibn ‘Uthmān narrates from his father that Rasūlullāh ﷺ said that whoever recites the following duā (3 x) morning and evening will not be harmed by anything. (Mishkāt)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي
الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ x 3

With the name of Allāh, with whose name no harm occurs in the earth nor in the heavens and He is the All Hearing and All Seeing.

10. Allāhs pleasure on the Day of Qiyāmat

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِسَيِّدِنَا مُحَمَّدٍ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا وَرَسُولًا x 3

I am pleased with Allāh as my Rabb, and Islām as my religion and Rasūlullāh ﷺ as a Prophet and Messenger

Rasūlullāh ﷺ said: “There is not a muslim servant who recites three times during the morning and evening (the above du‘ā) except that Allāh will be pleased with him on the Day of Judgement.”
(Imām Aḥmad, Abū Dāwūd)

11. Protection from the fire of Jahannam

اللَّهُمَّ اجْرِنِي مِنَ النَّارِ x 7

“O Allāh, save me from the fire of Jahannam.”

The above should be recited 7 times in the morning and evening. Allāh Ta‘ālā shall free its reader from Jahannam, insha-Allāh.

12. Shukr for all the gifts of Allāh Ta'ala

اللَّهُمَّ مَا أَصْبَحَ¹ بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِّنْ
خَلْقِكَ فَمِنْكَ وَحْدَكَ لَا شَرِيكَ لَكَ،
فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ

O Allāh, whatsoever blessing I or anyone of Your creation may find this morning or evening, they are all from You alone. You have no partner, so for You alone is all praise and all gratitude.

By reciting this once in the morning gratitude and thanksgiving is fulfilled for all the gifts with which one was blessed by Allāh Ta'ālā at night and similarly if read in the evening for all the gifts of the day. Read it one time after Maghrib and Fajr. Read “**asbaha**” after Fajr and read **amsā** after Maghrib. (ibn Hibban)



1. In the morning say: أَصْبَحَ. In the evening say: أَمْسَى

13. Guidance and Protection of one's Nafs

اللَّهُمَّ الْهَمِّي رُشْدِي، وَأَعِزِّي مِنْ شَرِّ نَفْسِي x 3

“Oh Allāh inspire me with guidance and protect me from the evil of myself.”

It has been narrated by ḥaḍrat ‘Imrān bin Ḥusain رضي الله عنه that Rasūlullāh صلى الله عليه had taught his father this duā. (Jawāhiral Bukhārī)

14. Protection against evil fate and severe calamities

Ḥaḍrat Abū Hurairah رضي الله عنه narrates that Rasūlullāh صلى الله عليه said : Seek the protection of Allāh from severe calamities, wretchedness, evil fate and from the taunting of enemies (Mirqāt).

(Severe calamities means that a person is unable to cope with a difficulty with the result that he desires death.)

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ جَهْدِ الْبَلَاءِ وَدَرْكِ
الشَّقَاءِ، وَسُوءِ الْقَضَاءِ وَشَمَاتَةِ الْأَعْدَاءِ

O Allāh, I seek refuge in you from the difficulties of hardships, the acquisition of wretchedness, ill-fate and the taunts of enemies.

15. Protection from all fatal diseases

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَرَصِ، وَالْجُنُونِ،
وَالْجُدَامِ، وَمِنْ سَيِّئِ الْأَسْقَامِ

Oh Allāh I seek protection from white liver disease, insanity, leprosy and all fatal diseases. (Jawahiral Bukhāri)

Note: Today we hear of new diseases all the time, we should read this duā daily. One of the primary causes of disease is sins. By associating with the awliyā of Allāh, a person will build courage and strength to discard sins.

16. Duā for deliverance from shirk-e-khafī (performing ibādah for show and ostentation)

It has been narrated by ḥaḍrat Abu Bakr رضي الله عنه that Rasūlullāh ﷺ said: “Ascribing partners with Allāh

in my ummah is much more hidden than the pace of an ant crawling upon a black stone.” Shirk is a very hidden thing. It enters the heart very silently and very few are saved from it. Upon hearing this ḥaḍrat Abu Bakr رضي الله عنه asked in a frightening manner, “How can one be saved from it?” Rasūlullāh ﷺ said: “Should I not show you such a supplication (duā) that if you recite it, you will be free from minor and major shirk.” Ḥaḍrat Abu Bakr رضي الله عنه begged him to tell him. Rasūlullāh ﷺ instructed him to say thrice:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ أَنْ أُشْرِكَ بِكَ
وَأَنَا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ x 3

O Allāh, I seek protection in You from that I ascribe partners to You knowingly and I seek forgiveness from You for those things which I do not know. (Kanzul Ummāl vol.2)

By continuously reciting this duā, there is guarantee of safety from shirk and glad tidings of sincerity.



17. Duā for the Protection and preservation of material possessions

Ḥaḍrat Abdullah bin ‘Umar رضي الله عنه reports that Rasūlullāh ﷺ said:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ
وَتَحَوُّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَمِيعِ
سَخَطِكَ

O Allāh! I seek refuge in You from favors being taken away, and I seek refuge in You from my safety being snatched away, as well as from Your sudden punishment and from every displeasure of Yours. (Mishkāt)

18. Duā for the fulfillment of debts and removal of grief and sorrow

Ḥaḍrat Abu Sa‘īd Khudrī رضي الله عنه reports that a person came to Rasūlullāh ﷺ and said: “I have been overcome by worries and debts.” Rasūlullāh ﷺ replied: “Should I not show you such a duā which, if you read it, Allāh Ta‘ala will remove your worries

and will fulfill your debts?” The person exclaimed: “Please do tell me.” Rasūlullāh ﷺ said: “Recite this duā morning and evening:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحَزَنِ ،
وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ ، وَ أَعُوذُ
بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ ، وَ أَعُوذُ بِكَ مِنْ
غَلَبَةِ الدَّيْنِ وَ قَهْرِ الرِّجَالِ

O Allāh! I seek refuge in You from grief and worries, and I seek refuge in You from being unable (to do what is required) and from laziness and cowardice, and I seek refuge in You from excessive debts and from being overpowered by people. (Mishkāt)

19. Protection from punishment in the grave, from the fire of hell, and from the evil of wealth and poverty

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ فِتْنَةِ الْقَبْرِ، وَعَذَابِ

النَّارِ، وَمِنْ شَرِّ الْغِنَى وَالْفَقْرِ

O Allāh I seek protection in You from the trials of the grave, punishment of jahannum and the evil of wealth and poverty. (Abu Dawūd, Tirmidhī)

Ummul Muminīn (mother of the ummah) Ḥaḍrat ‘Ayesha رضي الله عنها narrates that Rasūlullāh ﷺ used to make this duā frequently.

20. Guidance, taqwa (piety), modesty and beneficial wealth

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْهُدَى وَالتُّقَى وَالْعَفَافَ
وَالْغِنَى

Oh Allāh I seek from you guidance, piety, modesty and wealth.

It has been narrated by ḥaḍrat ‘Abdullāh bin Mas‘ud رضي الله عنه that Rasūlullāh ﷺ used to make this du‘ā frequently.

21. Attaining love of Allāh Ta‘ālā

On the authority of ḥaḍrat Abū Dardā رضي الله عنه Rasūlullāh صلى الله عليه وسلم said that ḥaḍrat Dāwūd عليه السلام used to make the following duā:

اللَّهُمَّ إِنِّي أَسْأَلُكَ حُبَّكَ، وَحُبَّ مَنْ
يُحِبُّكَ، وَالْعَمَلَ الَّذِي يُبَلِّغُنِي حُبَّكَ، اللَّهُمَّ
اجْعَلْ حُبَّكَ أَحَبَّ إِلَيَّ مِنْ نَفْسِي وَأَهْلِي وَمِنْ
الْمَاءِ الْبَارِدِ

O Allāh! I ask for Your love and the love of that person who loves You and of those actions which attract Your love. O Allāh! Make Your love greater to me than the love of myself, my family and of cold water.

22. Protection against leprosy, blindness, insanity and paralysis.

Recite thrice morning and evening:

سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ وَلَا حَوْلَ وَلَا

قُوَّةُ إِلَّا بِاللَّهِ

Pure is Allāh the mighty together with His praise and there is no power nor strength (to do good or stay away from evil) except from Allāh

23. Sayyidul Istighfār

Ḥaḍrat Shaddād bin ‘Aus رضي الله عنه reports that Rasūlullāh ﷺ said that *Sayyidul Istighfār* (the highest form of repentance) is that a person recites the following istighfār morning and evening. Whoever recites it with conviction in the morning and dies before nightfall, will be from the dwellers of Jannah. Similarly, whoever recites it in the evening with conviction and dies before the morning will be from the dwellers of Jannah.

The reason for the extraordinary merit of this istighfār lies most probably in the abundance of humility and servitude found in this duā.

اللَّهُمَّ أَنْتَ رَبِّي ، لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا
عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا

اَسْتَطَعْتُ ، اَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ
 اَبُوؤُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَاَبُوؤُ بِذَنْبِي فَاغْفِرْ لِي ،
 فَاِنَّهُ لَا يَغْفِرُ الذُّنُوبَ اِلَّا اَنْتَ

O Allāh, You are my Lord, none has the right to be worshiped except You, You created me and I am Your servant and I abide to Your covenant and promise [to honor it] as best I can, I take refuge in You from the evil of which I committed, I acknowledge Your favor upon me and I acknowledge my sin, so forgive me, for verily none can forgive sins except You.

24. Protection of one's home and possessions against fire, calamities and arson

In a ḥadīth it is related that someone informed ḥaḍrat Abū Dardā رضي الله عنه that his house has burnt. Ḥaḍrat Abu Dardā رضي الله عنه replied confidently: “It is not burnt. Allāh will never do so, because I have heard from Muḥammed ﷺ that he who recites these words in the beginning of the day, will not receive any harm/damage till the morning (and according to some narrations “even on himself, his children and

property) therefore, how can my house burn? I have recited these words in the morning.” Then the people asked him to accompany them and see whether it was burnt or not. They all went together and saw that the whole street was on fire but not the house of Abu Dardā رضي الله عنه, even though it was situated in the middle of the street.

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، عَلَيْكَ
تَوَكَّلْتُ وَأَنْتَ رَبُّ الْعَرْشِ الْعَظِيمِ، مَا شَاءَ
اللَّهُ كَانَ وَ مَا لَمْ يَشَأْ لَمْ يَكُنْ، وَ لَا حَوْلَ وَ
لَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ، أَعْلَمُ أَنَّ اللَّهَ عَلَى
كُلِّ شَيْءٍ قَدِيرٌ، وَ أَنَّ اللَّهَ قَدْ أَحَاطَ بِكُلِّ
شَيْءٍ عِلْمًا، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي
وَ مِنْ شَرِّ كُلِّ دَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا، إِنَّ
رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ

O Allāh you are my Rabb (Sustainer), there is no

deity except You. I rely on You and You are the Rabb of the mighty throne. Whatever Allāh wills, happens, and what He does not will, will not happen. There is no power and might except Allāh, The Lofty, The Dignified. Definitely, Allāh has power over everything and Allāh has encompassed everything (with His) knowledge. O Allāh, I seek refuge from the evil of myself and from the evil of every creature (which) You hold by its forelock. Surely my Rabb is (to be found), upon the straight path. (If you want the pleasure of Allāh, then it is to be found upon the straight path).

25. Durūd Tunjinā: For every illness, worry, difficulty, need and for protection and safety.

The great ālim, saint, jurist and author, Imām ibn-Faikiḥānī رحمته الله says that there was once a pious man called Shaykh Mūsā Ḍarīr رحمته الله who was blind and had narrated his own story: “I was in a ship which was sinking. I lapsed into semi consciousness. Rasūlullāh ﷺ appeared to me in this state and taught me the following durūd which he said should be recited a thousand times by the passengers of the ship. The passengers had barely recited the durūd 300 times and the ship was

saved (miraculously). The other ship on the high seas sank, but this ship reached its destination safely and soundly. This miracle was a sufficient eye-opener for the members of the ship.”

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِ سَيِّدِنَا مُحَمَّدٍ
 * صَلَاةً تُنَجِّنَا بِهَا مِنْ جَمِيعِ الْأَهْوَالِ وَالْآفَاتِ
 * وَتَقْضِي لَنَا بِهَا جَمِيعَ الْحَاجَاتِ وَتُطَهِّرُنَا بِهَا
 مِنْ جَمِيعِ السَّيِّئَاتِ * وَتَرْفَعُنَا بِهَا عِنْدَكَ أَعْلَى
 الدَّرَجَاتِ * وَتُبَلِّغُنَا بِهَا أَقْصَى الْغَايَاتِ * مِنْ
 جَمِيعِ الْخَيْرَاتِ فِي الْحَيَاةِ وَبَعْدَ الْمَمَاتِ
 إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

O Allāh! Send blessings upon our master Muhammad, and his family, such blessings by means of which You relieve us of all anxieties and calamities, satisfy all our needs, cleanse us of all evils and by which You grant us high position and a high rank and

status in Your presence, and lead us to the utmost limit of our aspirations and capacity in whatever is best in this world as well as in the world Hereafter, as You have full Power over everything

Note: *This durūd is not from the ḥadīth but rather from the saintly Mashāikh*

26. Protection against black magic

By reciting the following āyah thrice morning and evening one will be protected from black magic/sihr. If one is already afflicted with black magic it will be removed.

فَلَمَّا أَتَوْا قَالَ مُوسَىٰ مَا جِئْتُمْ بِهِ السِّحْرُ ۗ إِنَّ
اللَّهَ سَيَبْطِلُهُ ۗ إِنَّ اللَّهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِينَ
۝ وَيُحَقِّقُ اللَّهُ الْحَقَّ بِكَلِمَاتِهِ وَلَوْ كَرِهَ
الْمُجْرِمُونَ x 3

And when they had thrown, Mūsā عليه السلام said, “What you have brought is [only] magic. Indeed, Allāh will

expose its worthlessness. Indeed, Allāh does not amend the work of corrupters.” (Surah Yunus V:80)

27. Shortcomings of dhikrs of the day and night

فُسَبِّحَانَ اللّٰهَ حِينَ تُمْسُونَ وَحِينَ تُصْبِحُونَ ﴿٨٠﴾ وَ لَهُ
الْحَمْدُ فِي السَّمَاوَاتِ وَالْأَرْضِ وَعَشِيًّا وَحِينَ
تُظْهِرُونَ ﴿٨١﴾ يُخْرِجُ الْحَيَّ مِنَ الْمَيِّتِ وَيُخْرِجُ
الْمَيِّتَ مِنَ الْحَيِّ وَيُحْيِي الْأَرْضَ بَعْدَ مَوْتِهَا
وَكَذَلِكَ تُخْرَجُونَ

So glorify Allāh in the evening and in the morning, and for Him is praise in the skies and earth and in the evening and also at the time of Zuhur. He can give life to that which is dead, and He can give death to the living. And he gave life to the earth after its death (destruction). And similarly you will be brought forth.

By reciting this at night the short comings of dhikr

of the day are fulfilled and similarly by reciting it in the day the shortcomings of the night are fulfilled. (Muslim)

28. A comprehensive duā that consists of all the du‘ās made by Rasūlullāh ﷺ in his twenty-three years of prophethood

Ḥaḍrat Abū ‘Umāma رضي الله عنه reports that Rasūlullāh صلى الله عليه وسلم made numerous du‘ās but some of us could not remember any of these du‘ās. We said to him: “O Nabī of Allāh صلى الله عليه وسلم You have made innumerable du‘ās but we do not remember any of them.” Rasūlullāh صلى الله عليه وسلم replied: “Should I not show you such a comprehensive duā which includes all these du‘ās? Say:

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ خَيْرِ مَا سَأَلَكَ مِنْهُ
نَبِيِّكَ مُحَمَّدٌ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَأَعُوذُ
بِكَ مِنْ شَرِّ مَا اسْتَعَاذَ مِنْهُ نَبِيُّكَ مُحَمَّدٌ
صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ وَأَنْتَ الْمُسْتَعَانُ،

وَعَلَيْكَ الْبَلَاغُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

O Allāh! I beg of You for all the good that Your Nabī Muḥammad ﷺ asked of You and I seek refuge in You from all the evil that Your Nabī Muḥammad ﷺ sought refuge in You from. You alone are the One from whom help is sought. And it is upon You to answer our plea. There is no power to refrain from sins and to perform righteous deeds except from You. (Tirmidhī)

29. Weighty dhikr in Just 4 phrases

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ وَرِضَا نَفْسِهِ
وَزَنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ 3 x

Purity belongs to Allāh, all Praise be to him in proportion to His creations and in accordance to His pleasure (in proportion to) the weight of His Throne and in (proportion to) the ink (used for) His words.

Nabi ﷺ told ḥadhrat Juwairiyyah رَضِيَ اللَّهُ عَنْهَا, (one of the wives of Nabi ﷺ who was busy in dhikr from fajr to chasht [forenoon] on her mūsāllāh), “After leaving

you I recited thrice, four words (phrases), if it is weighed against all that you have recited, these four words will be more weighty.” (at-Targhīb).

This dhikr should be recited thrice.

30. Become a Millionaire:

Recite 10 times:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، أَحَدًا صَمَدًا لَمْ
يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ x10

None is worthy of worship besides Allāh; He is One and has no partner; the One; free from want; He does not beget nor is He begotten; and there is none like Him.

A person who reads the above, sincerely, ten times, will be given two million rewards by Allāh Ta‘ālā.



31. Dhikr which is equal to the entire days tasbīh (dhikr)

When ḥaḍrat Ādam عليه السلام was taken out of Jannah and brought into this world, he got involved in earning his livelihood, one day He عليه السلام supplicated thus in the court of Allāh Ta‘ālā:

“O Allāh! You have got me involved in earning my livelihood, show me such a dhikr which includes all Your Praise and remembrance (i.e by reading it, I will get the same reward I get for reading the tasbīhs the entire day).” Allāh Ta‘ālā sent revelation upon him, “O Ādam! Read the following words (phrases) thrice every morning and evening.”

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ حَمْدًا كَثِيرًا طَيِّبًا
مُبَارَكًا فِيهِ عَلَى كُلِّ حَالٍ، حَمْدًا يُوَافِي
نِعْمَهُ وَيُكَافِيهِ مَزِيدُهُ x 3

All praise is due to Allāh sustainer of the worlds such praises which are abundant, pure and full of blessings in all circumstances, and praise which is equal to all his bounties and is sufficient for his additional bounties.

NOTE: The following added duās do not form part of the book of Hadrat Shaykh Hakeem Akhtar رَحْمَةُ اللَّهِ

32. Duā for the morning and evening

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا
وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي
دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي ، اللَّهُمَّ اسْتُرْ عَوْرَاتِي
، وَآمِنْ رَوْعَاتِي ، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ
وَمِنْ خَلْفِي وَعَنْ يَمِينِي وَعَنْ شِمَالِي وَمِنْ فَوْقِي
، وَأَعُوذُ بِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي ،

Oh Allāh! I ask you for well-being in this world and in the hereafter. Oh Allāh! I ask you for forgiveness and security in my religious affairs, worldly affairs, family and wealth. Oh Allāh! Hide my faults and keep me safe from the things I fear, Oh Allāh! Protect me from in front of me, from behind me, from my right, left and from above me. I seek protection in Your greatness from receiving unexpected harm from below me.

33. Duā for the morning

أَصْبَحْنَا وَأَصْبَحَ الْمَلِكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ،
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ
وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ
أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ
، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَشَرِّ
مَا بَعْدَهُ ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ
الْكِبَرِ ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ
وَعَذَابٍ فِي الْقَبْرِ

We and the kingdom of Allāh have entered into the morning for the devotion of Allah and all praises are for Allah. None is worthy of worship but Allah. He is unique. He has no partner. To Him belongs the entire universe and for Him is due all praises and He has power over all things. O Allāh, I ask of You the good of this day and the good of that which is to

come after it, and I seek refuge in You from the evil of this day and the evil of that which is to come after it. O Allāh I seek refuge in You from laziness and evil old age. O Allah! I seek Your protection from the punishment of Hell and the grave.

33. Duā for the evening

أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ، لَا
إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ
وَلَهُ الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ
أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ وَخَيْرَ مَا
بَعْدَهَا ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ
وَشَرِّ مَا بَعْدَهَا ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ
وَسُوءِ الْكِبَرِ ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابِ فِي
النَّارِ وَعَذَابِ فِي الْقَبْرِ

We and the kingdom of Allāh have entered into the

night for the devotion of Allah and all praises are for Allah. None is worthy of worship but Allah. He is unique. He has no partner. To Him belongs the entire universe and for Him is due all praises and He has power over all things. O Allāh, I ask of You the good of this night and the good of that which is to come after it, and I seek refuge in You from the evil of this night and the evil of that which is to come after it. O Allāh I seek refuge in You from laziness and evil old age. O Allah! I seek Your protection from the punishment of Hell and the grave.

34. Duā to be recited in the morning

اللَّهُمَّ بِكَ أَصْبَحْنَا، وَبِكَ أَمْسَيْنَا، وَبِكَ
نَحْيَا، وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

Oh Allāh by You we enter the morning and by You we enter the evening, by You we live and by You we die and to You is our resurrection.

And in the evening recite:

اللَّهُمَّ بِكَ أَمْسَيْنَا، وَبِكَ أَصْبَحْنَا، وَبِكَ
نَحْيَا، وَبِكَ نَمُوتُ وَإِلَيْكَ الْمَصِيرُ

Oh Allāh by You we enter the evening and by You we enter the morning, by You we live and by You we die and to You is the return.

35. Duā of Anas bin Mālik رَضِيَ اللهُ عَنْهُ for protection, taught to him by Rasūlullāh صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ.

Due to this duā the tyrant Hajjāj could not harm Ḥaḍrat Anas رَضِيَ اللهُ عَنْهُ in any way.

بِسْمِ اللَّهِ عَلَى نَفْسِي وَ دِينِي ، بِسْمِ اللَّهِ عَلَى أَهْلِي
و مَالِي وَوَلَدِي . بِسْمِ اللَّهِ عَلَى مَا أَعْطَانِي اللَّهُ ،
اللَّهُ رَبِّي لَا أُشْرِكُ بِهِ شَيْئًا ، اللَّهُ أَكْبَرُ اللَّهُ
أَكْبَرُ اللَّهُ أَكْبَرُ ، وَ أَعَزُّ وَ أَجَلُّ وَ أَعْظَمُ
مِمَّا أَخَافُ وَ أَحْذَرُ عَزَّ جَارُكَ وَ جَلَّ
تَنَائِكَ ، وَلَا إِلَهَ غَيْرِكَ . اللَّهُمَّ إِنِّي أَعُوذُ
بِكَ مِنْ شَرِّ نَفْسِي وَ مِنْ شَرِّ كُلِّ شَيْطَانٍ

مَرِيدٍ وَ مِنْ شَرِّ كُلِّ جَبَّارٍ عَنِيدٍ فَإِنْ تَوَلَّوْا فَقُلْ
 حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ
 رَبُّ الْعَرْشِ الْعَظِيمِ، إِنَّ وِلْيَّيَ اللَّهُ الَّذِي نَزَّلَ
 الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ

With the name of Allāh upon my life, with the name of Allāh upon my dīn, with the name of Allāh upon my family, wealth (possessions) and children. With the name of Allāh upon everything Allāh has given me. Allāh, My Sustainer, I do not associate any partner with him in the least. Allāh is the Greatest, Allāh is the Greatest, Allāh is the Greatest, He is Most Honoured, Most Glorified, Most Mighty over what I fear and dread. Mighty is Your patronage, blessed is Your Name, there is no true deity but You. O Allāh surely I seek Your protection from my self and from every rebellious ruler and every obstinate tyrant. ‘Say, sufficient for me is Allāh, there is no Deity except him, on Him I have relied, and he is the Sustainer of the Great Throne.’ ‘Indeed my Protector is Allāh Who has sent down the Book; and He befriends the righteous.’

36. A very rewarding durūd

Ḥaḍrat ‘Abdullāh ibn ‘Abbās رضي الله عنه reports that Rasūlullāh صلى الله عليه وسلم said, “Whoever says the following durūd indeed will it tire seventy angels for thousand days (to write its reward).”

(Faḍā-il Durūd)

جَزَى اللهُ عَنَّا مُحَمَّدًا مَا هُوَ أَهْلُهُ

*Jazallāhu ‘annā Muḥammadan
ma huwa ahluhu*

*May Allāh reward Muḥammad on our behalf,
a reward that is befitting as he deserves it*

After having recited these du‘ās make the following niyyah (intention): O Allāh, convey the rewards of whatever I have recited to Nabī صلى الله عليه وسلم, the Ṣahābah, the awliyā Allāh, my parents, ustāds and the entire ummah of Nabī صلى الله عليه وسلم till Qiyāmah. Do remember that Allāh جبار’s treasures are unlimited and by conveying the rewards (ethāle thawāb) to those who have passed on does not decrease your reward in any way.





**For the Esāle Thawāb of
Nabī-e-Karīm ﷺ and all
Murhūmīn**

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